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Falling Through the Cracks

Feel alive and thrive

with Dr. Rebecca Risk



Dr-Risk.com



Sustainable Health



Falling Through the Cracks: Feel alive and thrive

Monday at 9 AM Pacific

April 11, 2016: Back in Control

"Since the medical establishment is not set up to take a comprehensive approach to your care, it's crucial to take your care into your own hands." -Dr. David Hanscom
Dr. David Hanscom is an orthopedic surgeon, who has discovered that surgery is not always the cure to pain. Chronic pain is debilitating, causing stress on relationships, jobs and anxiety and depression. After seeing that surgery didn't always answer the pain problem Dr. Hanscom found other ways to work at the root cause. He began to implement a program to help his patients, which he has laid out in his book "Back in Control." [READ MORE »](#)



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Featured Guest



Dr. David Hanscom MD

Dr. David Hanscom is a board certified orthopedic surgeon specializing in the surgical correction of complex spine problems in the cervical, thoracic and lumbar spine. He treats spinal infections, tumors, trauma and spinal deformities such as kyphosis and scoliosis. Much of his practice is devoted to addressing problems created by multiple unsuccessful spine surgeries. Around 2001 he began to share his own stress management tools with his patients that were in pain but had no indications for surgery. He also collaborated with rehabilitation physicians learning non-operative care. By 2006 a structured spine treatment protocol evolved. It was named the DOCC project (Defined Organize.....) [READ MORE »](#)

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